

## APPENDIX FOUR

### CHRONOLOGY

Independent Investigation on

Ms Z 2013/36538

DATE	EVENT
1 September 1994	Admission to hospital as a voluntary patient.
24 November 1994	Home leave. Ms Z's mother had stated the leave <i>'had not gone well'</i> , and reported that she and Ms Z <i>'were not getting on'</i> .
9 December 1994	Ms Z's mother met with services. Regular contact between her and services was agreed, and the importance of the ways in which she could be involved in Ms Z's care plan was highlighted.
May 1995	Ms Z in employment, working in a supermarket and in a relationship.
June 1995	Ms Z gave birth to her first child.
1 October 1995	Admission to hospital
4 April 1996	Ms Z had left home after a disagreement with her mother.
October 1998	Problems with her neighbours resulted in Ms Z moving back in with her parents.
December 2001	Ms Z's first son was placed into care of his father as a result of concerns regarding Ms Z's deteriorating mental health and fear of risk of emotional abuse and neglect.
12 December 2001	Admitted to hospital. Attack on mother when visiting ward
2004	Conviction for Battery and Destruction of Property. Hit her son's father and paternal grandmother, and threw a brick through the window of the paternal grandfather's car.
28 October 2004	Arrested and charged with theft of alcohol from a supermarket but found to be carrying a lock-knife when in custody
1 December 2004	Admission to hospital - This followed disturbed behaviour, where Ms Z had cut her neighbour's tyres
1 September 2005	Formal admission to hospital.
15 September 2005	Ms Z's mother contacted mental health services due to concerns about Ms Z's mental health.
17 October 2005	Ms Z was charged and subsequently convicted of an unprovoked attack on an individual (unknown to Ms Z) as she walked out of a store in a city centre shopping area.
March 2006	Ms Z pregnant with her second child
April 2006	Ms Z was discharged from the CMHT notwithstanding disengagement from services, drug use, threats to kill her mother and non-compliance with medication.
17 May 2006	Ms Z's mother informed services that Ms Z was <i>'still terrorising the family'</i> , her grandfather had died, and that she had <i>'threatened to kill her brother's children'</i> . Her view was that Ms Z needed to be sectioned.

June 2006	Ms Z came under the care of the perinatal mental health services, following a referral by the CMHT as she was 15 weeks pregnant.
5 June 2006	Ms Z's mother called services offering support for Ms Z
11 August 2006	Formal admission to hospital
Aug/Sept 2006	Assaulted a fellow service user.
September 2006	Pushed a service user against a wall in an unprovoked attack, thought to be due to her belief that there was involvement with paedophilia or the removal of her son from her care.
12 October 2006	Birth of Ms Z's second child. The child was immediately placed on an emergency protection order and ultimately placed into care of Ms Z's parents
20 August 2010	Ms Z's notes record that her relationship with her mother was ' <i>strained</i> '.
25 January 2011	Services received a call from Ms Z's mother expressing concerns for Ms Z's welfare since her partner moved out.
16 March 2011	Ms Z presented to the CMHT saying that she had problems accessing her children and that she had contacted the police
7 April 2011	Ms Z's mother called services expressing concerns for her welfare following a series of ' <i>strange telephone calls from Ms Z</i> '.
20 July 2011	Ms Z had her depot 2 weeks later than scheduled as a result of her visiting her partner in Nottingham. Noted to be ' <i>not as well, haggard, tired and listening to loud music on headphones</i> '.
25 October 2011	Ms Z's mother called mental health services to highlight her concerns about Ms Z
26 October 2011	Home visit, house in a ' <i>total mess</i> '.
22 November 2011	Reported to be buying clothes, wearing them once and throwing them away. Noted to be something she does when ill
7 December 2011	Arrested for shoplifting. Ms Z asked services that they do not disclose her shoplifting offences or the details surrounding them to her mother.
12 January 2012	FACE risk profile completed
7 February 2012	Ms Z requested an appointment to reduce her medication. Appointment offered for 27 February 2012. Did not attend.
23 February 2012	Attended "6 weeks late" for depot (previous dose given 17 January 2012). Told staff she was undertaking ' <i>community service</i> '.
23 April 2012	Opportunistic appointment. Complaining of fluctuation in moods, apathy and tiredness. No record of formal mental state. Moves made to commence lithium. Spoke of being on or about to start a Drug Rehabilitation Requirement (DRR) Order
28 May 2012	Reported as being rude and abusive in reception area, making allegations about Doctors taking away her son as well as her parents being unfit to bring up her younger son.
6 June 2012	CDT review. Commenced on Buprenorphine as opposed to Methadone for recent heavy heroin use.
11 July 2012	Informed by CJLT that charged with criminal damage for an offence committed in May 2012.
13 July 2012	Attended for depot, complained of ' <i>feeling high</i> '. Caught shoplifting, warned may face prison. Referred to Crisis & Home Treatment Team. Reviewed due to chaotic behaviour. Requesting hospital admission, thin and withdrawn.
14/15 July 2012	Seen by Crisis Team: superficial cut to wrist. Not in at time of subsequent visit by Crisis Team.
July 2012	Ms Z wrote about a crime/murder which took place in Derby 10 years ago. Ms Z wrote a letter to the victim's family stating that Ms Z's father was responsible for the murder. She regretted posting it, saying that

	she was very unwell at the time.
December 2012	Ms Z's medical records state; ' <i>When unwell she is at risk to her mother and wider family, to whom she made threats, to staff members and her children</i> '.
August 2013	Transfer from AOT to CMHT
13 September 2013	Ms Z told her CMHT that she was jealous of the owner of a successful local café in Derby. In the months leading up to December 2013, Ms Z repeatedly went to this café, where she would shout and swear at the owner.
19 December 2013	Ms Z was arrested by Police for harassment. When questioned – Ms Z stated that it was nothing serious.
3 December 2013	Charged with Harassment of an individual, with whom she had attended school, and who had lived in close proximity to Ms Z and her parents as a child. This hearing was adjourned to allow Ms Z an opportunity to speak to a Probation Officer about arranging a psychiatric assessment. However, Ms Z absconded from Court. Ms Z subsequently broke into the victim's home and started to live there.
9 December 2013	Ms Z attacked the victim.
10 December 2013	Ms Z attacked victim's friend. Police alerted. Ms Z was apprehended in Lancashire